

## 2010 State Class 'C' Outdoor Track and Field Championship Meet Information

From: *Mary Cady, Meet Director*

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- Entries due by Team Manager via email and by Fax for the paper entry forms: **No later than 7:00 pm on Tuesday, June 1<sup>st</sup>. Your school will be fined if they are late. Please send earlier if you can as I will have 54 entry files to work with.**
- The events forms to fax are found on the MPA site and are the only backup in case your Team Manager entries are incorrect.
- Late entries hold up the posting of the Performance list.
- Entries posted as Performance List on [www.sub5.com/pvctrack/home.htm](http://www.sub5.com/pvctrack/home.htm) by Wednesday Noon June 2.
- **Correction of Team Manager errors (verified by paper entries) and complete athlete scratches, please send no later than Noon, Thursday, June 3.**
- Final seeded meet will be posted no later than Thursday evening, June 3.

A. The meet will be held at Foxcroft Academy, Dover-Foxcroft on June 5, 2010 beginning at **10:00 am.**

1. Directions: From the South, take I-95, Exit 157 (Newport) and take Route 7 thru Dexter into Dover-Foxcroft, to the end where there is a traffic light. Take left onto Route 15 and follow through the town to the Academy which is on the right side of Route 15.
2. Buses will be directed to a special parking area once they have unloaded the athletes. Make sure your athletes take everything they need for the meet with them when they leave the bus.

B. Qualifying procedure:

1. Please check the 2010 MPA outdoor track bulletin thoroughly. Athletes qualify based on an Automatic standard and a Provisional standard. **Make sure you are using the Class 'C' standards.** All athletes must be entered using either the Automatic or Provisional qualifying standard or they will not be considered for entry into the State meet. **Do not enter athletes who do not at least meet the Provisional Standard.**
2. If you enter hand-times into your Team Manager, my Meet Manager will convert them to FAT. Enter as 12.5h, or 2:13.5h, or 11:23.9h. **If you are using FAT times make sure you enter times to the 100ths for ALL races.**

3. All athletes who reach the automatic standard and are properly entered by their coach using Hy-Tek's Team Manager will be in that event for the state meet. If fewer than 32 people have reached the automatic standard, then we will go to the best performances on the provisional list as entered by coaches. Once we have reached 32 entries, the field will be capped. If we reach the provisional cut off and we have less than 32 entries in that event, then the field will be capped at the point.
4. **Remember, you must enter all the athletes in the events you wish them to compete when you send your entry list.** If an athlete and their event are not entered via your Team Manager email, then, only if they are on your paper copy, will they be added and allowed to compete.
5. There is no standard for relays, but please enter an earned time for your relays. And you must enter the names of the relay runners, up to EIGHT names per relay, at the time the entries are due. **No names can be added later.**

C. Entry (seeding) of athletes will be done by the use of the Team Manager computer program.

1. For your Team Manager program you can download the Events for the State meet from the PVC Track website. <http://www.sub5.com/pvctrack/coachinfo.htm>
2. See "Download PVC Meet Events File" (use this file as the events are the same for the state meet)
3. Complete directions on how to do your entries are also located on this page. Please use the Code/Abbrev, Team name, and short team name as listed in the MPA bulletin. If not sure, email me and ask.
4. Enter up to 8 athletes per relay, preferably in order of running, 1-4, with 5 thru 8 as alternates. Please make sure you enter enough names so you have alternates. **Don't tell me after entries are due or at the meet that you need to add another person so you can run your relay. We can't add names after the entries are due. Enter alternates to begin with.**
5. **You must email (address listed above) your entries to me by 7:00 pm Tuesday, June 1<sup>st</sup>. Sooner if you can---please**
6. **Also, all coaches must fax a paper copy of their entries to me also by 7 pm Tuesday, June 1<sup>st</sup>.** Entry forms (with events and event #s) to fax to me can be downloaded from the [www.mpa.cc](http://www.mpa.cc) website. Be sure and check these faxed forms for accuracy. They are your only backups to emailed entries. If an athlete, or an event for an athlete doesn't come thru on Team Mgr or you forget to enter them in the computer, then the Faxed forms are your only proof and can only correct errors if the faxed form is correct. FAX: 866-5674 – same as home phone
7. If you need to update or add someone to your Pole Vault certification form, please Fax the updated form to me by Tuesday, June 1. 866-5674

D. AWARDS/SCORING: Seven (7) places will be scored, and medals will be given for all seven places. Scoring will be: 10-8-6-4-3-2-1 for individual and relay events.

E. Track meet procedures/info:

1. You will be able to enter the Foxcroft facility at 8:00 am. Admission fees for spectators are \$7 for adults and \$4 for students K-12. Programs will be for sale for \$1 each.
2. Team packets will be at the tent at the Finish Line.

3. Coaches and Captains meeting will be at 9:20 on the infield near the finish line tent. I expect all teams to be at this meeting,
  4. Spike size limit: 1/8<sup>th</sup> inch needle nose only allowed on the track. We will check them and I will have a very limited supply for sale – 15 cents each or 14 for \$2.00
  5. **IMPLEMENT CHECKS:** The weighing/checking of implements will begin at 8:15 am for the boys shot put, boys pole vault, and girls javelin. Weigh-in will be in the building outside the track by the finish line. Once all of those implements have been weighed, hopefully by 9:15, there will be an announcement for the all other implements to be checked. Weighing/checking of implements will conclude at 11:30 am. **Don't arrive after 11:30 am and expect to check implements.**
  6. **In the 100 meter dash, 100 meter high hurdles and the 110 high hurdles, there will be semis and a final. The top 8 based on time only, regardless of place, will advance to the final. Fastest times get preferred lanes.** Please make sure your athletes understand this.
  7. In the other track events, if necessary there will be sections run on time and the fastest seeded section will be last. There will always be 8 in the fastest section of races that are run in lanes. Preferred lanes/positions to athletes with fastest times.
  8. **Field events will have 8 going to the final.** According to State meet seeding procedures. THROWING events will be seeded worst to best with athletes with best qualifying performances placed in the last flight. JUMPING events will be seeded best to worst. The number of athletes and number of flights will be determined by the meet director. High Jump and Pole Vault and will be seeded worst to best.
- F. The MPA scratch rule is in effect starting at 7 pm on June 1. If an athlete scratches from or fails to show for an event, that athlete is immediately done for the rest of the meet. Performances up to that point will stand. Make sure your athletes report for events on time. There will be a time schedule posted on the web and available at the meet.**
- G.** Timing will be done by FinishLynx timing system. Meet results will be done using Hy-Tek's Meet Manager. Results will be available at the end of the meet and will be posted no later than Sunday, June 6 on the PVC Track webpage on the Sub5 Track Club website. (Site listed above). If coaches want their team results to import back into their Team Manager, bring a USB flash drive with you, or make sure I have your email address.
- H. New Englands:** Information is on the website. The Champion in each event in each of the three state meets and the three next best performances from the three meets will qualify for New Englands. Athletes and/or coaches MUST tell George Mendros by Sunday evening, June 6, if they wish to compete at New Englands. Phone number: 282-5065 or email: [george.mendros@thorntonacademy.org](mailto:george.mendros@thorntonacademy.org) ***If George doesn't hear from you or your athlete, they will not be entered in the New England meet.***
- I. OFFICIALS:**
1. Please make sure your assigned officials for the meet show up!
- J. TRAINER:** Phil Mateja will be our trainer.
- K.** Any questions, concerns, please contact me. Let's have a great State Meet!

Mary Cady  
Meet Director